

How good are your counterfactuals? Assessing quantitative macro-comparative welfare state research with qualitative criteria

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Summary All causal statements based on historical data – both in qualitative and quantitative social research – rely on counterfactuals. In quantitative research, scholars attempt to arrive at valid counterfactuals by emulating an experimental design. However, because of treatments that are impossible to manipulate and the non-random assignment of data to treatment and control groups, causal statements are often based on invalid counterfactuals. In qualitative research, scholars attempt to arrive at valid counterfactuals by probing the historical and logical consistency of counterfactuals and by acknowledging the interconnectedness of events. Criteria to evaluate counterfactuals have been developed that allow for a discussion of the quality of counterfactuals used in causal statements. In this article, we suggest using these qualitative criteria to evaluate counterfactuals in quantitative macro-comparative welfare state research. We argue that these criteria can help us identify erroneous causal inferences in quantitative research based on historical data.

Keywords causality, counterfactuals, quantitative social research, welfare chauvinism, welfare state

Like it or not, then, counterfactual conditionals are unavoidable. (Lieberson, 1985: 48)

I now believe that counterfactuals play the crucial role in comparative thinking. (Przeworski, 2007: 479)

According to King et al. (1994: 79), the ‘fundamental problem of causal inference’ is that causal statements are ultimately based on the comparison of something that did occur (the ‘factual’) and something that did *not* occur (the ‘counterfactual’). Since we cannot per definition observe the counterfactual – the outcome if the hypothesized cause would not have occurred – we never know a causal inference for certain.

For example, if we are interested in how incumbency affects chances of re-election, we can compare the electoral success of incumbents with the electoral success of challengers. However, we cannot get evidence on the electoral success of the incumbents *if they were not incumbents*. Rather, we have to rely on the assumption that – after controlling for confounders – incumbents and challengers are reasonably comparable to allow for an evaluation of the causal effect of incumbency on re-election.

Some research designs are more apt to deal with the fundamental problem of causal inference. Experimental designs randomly allocate the units of analysis to two groups, the so-called treatment and control groups. If the sample is sufficiently large, the

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two groups should be equal on all relevant confounders. Subsequently, a treatment is applied to one group, but not to the control group. Due to randomization and the law of large numbers, the observed difference is then equal to the causal effect of the treatment (Holland, 1986).

Unfortunately, data in macro-comparative welfare state research is nothing like that. For numerous reasons, randomization of the units of analysis is not possible and treatments cannot be applied in a discriminatory manner. Researchers thus often employ the assumption of conditional independence, which seems to allow for causal inference even though the treatment and control groups do not have the same hypothesized average values. Conditional independence implies that by incorporating the appropriate control variables, the comparison of the average values of the treatment and control groups corresponds to the causal effect of the treatment. Of course, whether the observed difference really reflects the causal effect of the treatment depends on the assumption of conditional independence: Are there no omitted variables? Are there no further selection effects? Is the model specified in the correct functional form? In any case, there is *no* way to know for sure whether the assumption of conditional independence has really been met (Collier et al., 2004: 33; Freedman, 2010; King et al., 1994: 79).

Holland (1986) and Rubin (1978), two of the developers of the counterfactual approach to causation described above (the Neyman–Rubin–Holland model), thus conclude that their model for causal inference is not very apt for dealing with non-randomized data. According to Brady (2004: 61), some statisticians consider conditional independence a ‘chimera – seldom justifiable and usually accepted by the researcher as a matter of pure faith and nothing more’.

In macro-comparative welfare state research, we are facing a situation in which we want to use quantitative methods such as regression analysis to make causal inferences. However, our research designs violate some of the most fundamental assumptions and the counterfactuals we use for making causal statements might not be valid. What can we do about this?

We propose looking over the fence to learn from qualitative methods. Qualitative researchers normally use counterfactuals to assess causality for singular

events. For example, the assertion that the assassination of Archduke Franz Ferdinand in Sarajevo caused the outbreak of the First World War hinges on the counterfactual that if the Archduke had survived, the First World War would not have happened. Probing the historical and logical consistency of counterfactuals (Could the assassination have failed?) and acknowledging the interconnectedness of events (Could other forces have led to war even in the absence of the assassination?) can subsequently help assess the validity of this counterfactual. To this end, qualitative methodologists have developed criteria that allow for a discussion of the quality of counterfactuals used in causal statements.

However, we can also use counterfactual theorizing to evaluate regularities. According to King and Zeng (2007: 185), every quantitative analysis ‘is making a counterfactual prediction and every one needs to be evaluated by the same ideas well known in qualitative research’. In a similar vein, Lebow (2010: 6) argues that counterfactual worlds should be used ‘to probe the causes and contingency of the world we know’. The goal is not to make the case for alternative worlds and engage in reflections on ‘what could have been’, but to ‘poke counterfactual holes in covering laws’ (Tetlock and Lebow, 2001).

We suggest using qualitative criteria to evaluate counterfactuals in quantitative macro-comparative welfare state research. Such criteria can help us identify erroneous causal inferences in quantitative research based on historical data. However, the ultimate goal is not to simply highlight problems in causal statements. Below we demonstrate that a critical discussion of counterfactuals can help us formulate more realistic hypotheses and thus improve macro-comparative welfare state research.

We proceed as follows. In the next section we demonstrate why the theory of causation, which is the foundation of most quantitative social science research (the Neyman–Rubin–Holland model), is not apt to deal with the kind of data researchers are confronted within macro-comparative welfare state research. We then develop a list of criteria for the evaluation of counterfactuals and we apply the criteria to the literature on welfare chauvinism; more precisely, to evaluate Alesina and Glaeser’s (2004) influential study on the relationship between racial-linguistic fractionalization and social expenditure.

Quantitative macro-comparative welfare state research and the counterfactual problem

Macro-comparative welfare state research often uses nation-states as a unit of analysis. Typically working with populations of 16 to 30 cases, researchers examine cross-national (and occasionally temporal) variation in social spending, labour market regulation or employment rates using a set of theoretically informed independent variables and techniques such as regression analysis.

Although rarely explicitly stated, these analyses rely on the assumption that – after control for some variables – the observed influence of each variable corresponds to the result found under conditions of random assignment (Freedman, 2010; Lieberson, 1985; Shalev, 2007). However, in macro-comparative welfare state research, this assumption is hardly ever valid.¹ By focusing on mature welfare states in advanced industrialized democracies, researchers accept that historical and political processes have shaped their population of cases. For example, Tilly (1975: 15) notes that ‘the Europe of 1500 included some five hundred more or less independent political units, [while] the Europe of 1900 has about twenty-five’. Today’s observable nation-states are therefore ‘a highly contingent set of (surviving and constructed) cases’ (Ebbinghaus, 2005: 138).

Recent contingent and thus non-random changes include cases such as the German reunification or the EU eastward enlargement. In 1990, Western Germany was the second richest country in the European Community with a gross national product per capita of 40,200 DM (after Luxembourg). One year later, the reunified Germany was the sixth richest country in the European Community, just after Italy, with a gross national product of 36,000 DM per capita (Czada, 1998: 26). At the same time, Germany’s population grew by about 26 percent (Armingeon et al., 2008). In May 2004 and January 2007, the European Union (EU) was joined by ten Central and Eastern European countries, which, although they are advanced industrialized democracies, have systematically different historical backgrounds from the Western European member states. There is an abundance of such examples. However, one thing is clear: in no way can we assume ‘that some sort of random assignment model is operating or closely approximated’ (Lieberson, 1985: 201).

Macro-comparative welfare state research typically relies on observational data. In contrast to experimental data, real world events and processes produce observational data, which are therefore not subject to the direct control of investigators (Brady and Collier, 2004: 299). Random allocation of cases to treatment and control groups cannot fabricate independence of confounders, so researchers can never be sure that other characteristics, which might have an effect on the dependent variable in the analysis, did not influence the assignment of cases to the treatment and control groups (Lieberson, 1985: 31).

For example, quantitative analyses often point to the strength of left parties to explain high levels of social expenditure in Scandinavia (for example, Huber and Stephens, 2001). However, in the absence of an experimental research design, which is not possible for this kind of research question, we can *never be sure* that there is no unobservable ‘Scandinavian variable’ that causes these high levels of spending (and possibly also the electoral strength of the left). This ‘Scandinavian variable’ might be a cultural background variable, related to geographical peculiarities, the particular Scandinavian climate or the result of pan-Scandinavian historical experiences. A ‘Scandinavian variable’ might be rather unlikely, but the important point is that statistically, we cannot rule it out (Freedman, 2010: 62; King et al., 1994: 79; Rodden, 2009: 334).

As a consequence, researchers normally incorporate a set of independent variables on the right-hand side of the regression equation to ‘control’ for confounders. This way, researchers attempt to achieve conditional independence that would allow them to draw causal inferences on the basis of observational data. However, we rarely know enough about a causal relationship to specify a model that incorporates all potential confounders (Lieberson, 1985). Even if we knew all potential confounders, the small number of cases available would prevent us from controlling for all of them. After all, there are only 27 EU member states and 30 Organisation for Economic Co-operation and Development (OECD) member states. The fact that interpreting regression models with more than three independent variables becomes increasingly complex (Achen, 2002), and the fact that including relevant control variables might not even reduce omitted variable bias (Clarke, 2005), further aggravates the problem. The assumption of conditional

independence is often very hard to justify (Brady, 2004: 61; Freedman, 2010: 62).²

Reliance on non-randomized observational data thus creates problems for causal inference. Although we might be able to observe regularities, we cannot infer from them that there is also a causal relationship (Brady, 2008: 230). In order to infer from regularities on causality, we still need a theory of causation. Quantitative social science normally relies on the counterfactual theory of causation developed by Neyman, Rubin and Holland (Collier et al., 2004: 25–6; King et al., 1994: 76–82). The theory is based on the comparison of something that did occur (the ‘factual’) and something that did *not* occur (the ‘counterfactual’). King et al. (1994: 79) describe this reliance on counterfactuals in causal statements as the ‘fundamental problem of causal inference’. Since we can never observe the counterfactual – the hypothetical outcome if a particular prior event had not occurred – we have to rely on assumptions about it.

Ideally, we can rely on an experiment in which we introduce a treatment and evaluate its causal effect, while eliminating rival explanations by randomizing the assignment into treatment and control groups.³ However, as noted above, data in macro-comparative welfare state research are nothing like that. They are based on real world observations and not randomized. As a result, causal inferences on the basis of observational data might be highly misleading. Put differently, we should not have much confidence in causal inferences that are based on non-randomized observational data and counterfactuals, because these counterfactuals are likely to violate some of the most fundamental assumptions for causal inference.⁴ Rubin (1978) and Holland (1986) are both critical of applications of their counterfactual theory of causation to non-randomized data, a feeling that is widespread in the statistical community (Brady, 2004: 61).⁵

We should not conclude from this discussion that we would be better off abstaining from the analysis of causal effects or that we should refrain from using quantitative methods. Causality is the ultimate goal of most social science research and quantitative methods are a core part of our methodological tool kit. For instance, some of the demanding assumptions behind the use of regression analysis are more easily met with individual-level data (Goerres and Prinzen, 2011). In addition, regression analysis is an excellent tool for summarizing data. Rather, we should conclude that we need additional guidelines

that help us evaluate the counterfactuals on which our causal inferences are based. Instead of throwing the baby out with the bath water (abandoning regression analysis) or looking the other way (ignoring the problem), we should ask ourselves whether our counterfactuals are ‘reasonable’ (Lieberman, 1985: 48).

In recent contributions, King and Zeng (2006, 2007) have introduced a new software package that helps researchers examine whether seemingly causal inferences rely on reasonable or ‘miracle’ counterfactuals. In an effort to complement their efforts, we develop criteria to evaluate counterfactuals in a qualitative way in the next section. While King and Zeng’s (2006, 2007) approach uses statistical criteria to evaluate whether causal inferences are a function of modelling choices (and thus rely on ‘miracle’ counterfactuals), we suggest using criteria developed in qualitative research to evaluate counterfactuals employed in causal inferences.⁶

Our proposal joins a long line of contributions that advocate the combination of insights from qualitative and quantitative research in the analysis of causal statements. For instance, Ragin (1987, 2000) has developed qualitative comparative analysis as a middle way between quantitative (variable-oriented) and qualitative (case-oriented) approaches for some of the same reasons we propose using qualitative criteria to evaluate counterfactuals. More recently, several authors advocate multi-method designs, which allow moving back and forth between correlational analysis and historical case studies (for example, Lieberman, 2005).

Criteria for good counterfactuals

Counterfactuals have an odd position in social science methodology. They are often criticized, but are indispensable for causal statements in macro-comparative social research (Levy, 2008: 629). Tetlock and Belkin (1996: 4) define a counterfactual as a ‘subjective conditional in which the antecedent is known or supposed for purposes of arguments to be false’. Put differently, counterfactuals are possible worlds in which the antecedent did not occur or occurred in a different way. In macro-comparative social research, causal statements often rely on (implicit) counterfactuals. Unable to rerun history and manipulate the treatment, comparative research often relies on the Humean regularity approach. If, say, we observe

Table 1 Example: Counterfactual analysis and welfare state generosity

Row no.	Strong left party	Strong trade unions	Generous welfare state	Number of countries
1	Yes	Yes	Yes	6
2	Yes	No	No	7
3	No	No	No	5
4	No	Yes	?	0

Source: Ragin (2000: 105).

that in Western Europe strong trade unions are associated with high levels of public social expenditure, while weak trade unions are associated with low levels of public social expenditure, we tend to conclude that trade union strength is the cause of high levels of public social expenditure.

However, as Brady (2008: 230) reminds us, association is not causation. In fact, the above statement about causality relies on counterfactuals. Suppose that other variables – an obvious candidate is ‘left party power’ – co-vary with trade union strength. Table 1 displays an example using fictional data: we have dichotomous data on left party strength, trade union strength and welfare state generosity for 18 countries. In six countries, we observe strong left parties, strong trade unions and generous welfare states. In seven countries, we observe strong left parties, weak trade unions and lean welfare states. In five countries, we observe weak trade unions, weak left parties and lean welfare states. Finally, we do not observe the combination of weak left parties and strong trade unions anywhere.

Two observations can be made on the basis of Table 1: trade union strength and left party strength co-vary (Cramér’s $V = 0.44$), and there is a perfect correlation between trade union strength and welfare state generosity (Cramér’s $V = 1.00$). In the latter case, however, we run into trouble as soon as we take variation in left party strength into account.

Based on Table 1, we are tempted to conclude that strong trade unions are the cause of high levels of welfare state generosity. However, this conclusion ultimately relies on the *counterfactual* assumption that in the case of weak left parties and strong trade unions – a combination that cannot be observed in the real world – we would observe generous welfare states. The problem is that we cannot *know* this, we can only *guess*. In most cases, we do not clearly state this ‘guesswork’.

In the international relations literature, the explicit usage of counterfactual theorizing is more common and the literature on the methodology of counterfactual analysis is burgeoning (for example, Fearon, 1991, 1996; Goertz and Levy, 2007; Lebow, 2000, 2010; Levy, 2008; Tetlock and Belkin, 1996). In the following, we use this literature to develop (best-case) criteria for good counterfactuals (see Table 2 for an overview).

Clarity

As a general rule, researchers should specify as clearly as possible what is to be explained (the counterfactual consequent), what accounts for the outcome (the counterfactual antecedent) and the mechanism linking the two (Lebow, 2000: 581–82; Levy 2008: 633–34; Tetlock and Belkin, 1996: 19–21). Furthermore, any enabling conditions and counterfactuals have to be stated as well. For example, in order to answer questions about the effect of a Richard Nixon Presidency (instead of a John F. Kennedy Presidency) on the outcome of the Cuban missile crisis, we need to clearly state that the counterfactual case (a Nixon Presidency) relies on the additional counterfactual that the Republicans would have won the 1960 election. In comparison, no additional enabling conditions and counterfactuals are necessary in the case of the failed murder attempt on Archduke Franz Ferdinand in Sarajevo on 28 June 1914, as it is very plausible that Gavrilo Princip might have simply missed the Archduke (it is common to fail due to excitement).

Plausibility of the antecedent

Several factors affect the plausibility of the antecedent. First, a counterfactual antecedent should be logically consistent (Fearon, 1991: 193; Lebow,

Table 2 Checklist for good counterfactuals

Clarity:

- Specify the hypothesized antecedent, the consequent, the connecting principles and additional enabling conditions as clearly as possible

Plausibility of the antecedent:

- Make sure that the counterfactual antecedent is logically and historically possible (logical and historical consistency)
- Specify antecedents that require the alteration of as few historical facts as possible (minimal rewrite rule)

Conditional plausibility of the consequent:

- The connecting principles should be consistent with well-established theoretical laws (theoretical consistency)
- The connecting principles should be consistent with well-established statistical generalizations (statistical consistency)
- Minimize the number of causal steps between the counterfactual antecedent and the counterfactual consequent (proximity rule)
- Acknowledge the interconnectedness of events and consider the effects of second-order counterfactuals

Projectability:

- Formulate other implications that can be tested against data

Sources: Fearon (1991, 1996), Tetlock and Belkin (1996), Lebow (2000) and Levy (2008).

2000: 582; Levy, 2009: 635; Tetlock and Belkin, 1996: 21–3). As argued by Elster (1978: 204–8), we cannot use antecedents in causal statements if we have a theory showing that the counterfactual antecedent could not have logically happened. To illustrate this, Elster discusses Fogel's (1964) famous thesis on the role of railroads in the development of the American economy. Fogel (1964) argues, using counterfactual analysis, that 19th-century America without railroads would have grown only slightly slower because the incentives to develop the internal combustion engine sooner would have been stronger. Elster (1978) rejects this argument by noting that had the technology to develop the automobile engine been present at that time, we can also assume that the technology for the development of railroads would have been present.

Thus, logical consistency refers to connecting conditions and principles that are needed to make the antecedent logically possible. For example, the quantitative literature on welfare state spending has found that Christian democratic parties have a positive effect on welfare state generosity. Christian democratic parties typically emerge in countries with proportional electoral systems, so assuming the presence of a relevant Christian democratic party in Great Britain, which is implicitly done in quantitative analyses of welfare state generosity, forces us to further assume a different electoral system (proportional instead of majoritarian). However, a different

electoral system would most likely lead to many more changes in the partisan composition of the British parliament, thereby making causal statements very difficult. Put differently, in the case of Christian democracy in Great Britain, the enabling counterfactuals (that is, counterfactuals needed to sustain the primary counterfactual) undercut the counterfactual antecedent (Lebow, 2000: 582).

The problem of logical consistency is strongly related to the problem of historical consistency (Fearon, 1991: 193; Lebow, 2000: 582–3; Levy, 2008: 635; Tetlock and Belkin, 1996: 23–5). According to Max Weber (1949), good counterfactual cases should require as few changes as possible compared with the real world ('minimal-rewrite rule'). Tetlock and Belkin (1996: 23) list three criteria: good counterfactual cases should start from the real world as known before asserting the counterfactual; it should not require us to rewrite long stretches of history; and it should not unduly disturb what we otherwise know about the original actors and their attitudes. The British example above clearly violates the minimal-rewrite rule since we are required to imagine what a counterfactual world would look like assuming proportional representation and the presence of a relevant Christian democratic party.

The minimal-rewrite rule, that is, small changes to the real course of history, does not necessarily have small consequences. As the Archduke Franz Ferdinand example illustrates, small changes may

have tremendous consequences. Although it is an open question whether a failed murder attempt would have prevented the First World War, it suffices to note that a failed murder attempt *may* have changed the historical course of action dramatically (Lebow, 2010).

It is important to note that the problems of logical and historical consistency tend to interact. The more historical facts we have to change to achieve the necessary antecedent, the more enabling conditions and counterfactuals are needed to logically sustain this counterfactual antecedent. For example, speculating about alternative courses of history if Hitler had been a woman violates both the historical and the logical consistency criteria. First, we know that Hitler was not a woman; this fact cannot simply be changed. Second, if he had been a woman, numerous other historical *facts* would have to be changed too. *She* would probably not have become Reich Chancellor or have made the same experiences (such as several years of trench warfare during the First World War). In any case, we simply cannot know what would have been had Hitler been a woman.⁷

Conditional plausibility of the consequent

Conditional plausibility of the counterfactual consequent refers to the likelihood that the counterfactual antecedent indeed leads to the counterfactual consequent. To guarantee that the counterfactual antecedent implies the counterfactual consequent, Tetlock and Belkin (1996: 25–7) suggest that the connecting principles should be consistent with well-established theoretical laws. This criterion is, however, contested. Lebow (2000: 583) argues that there are only few generally accepted theories in political science. Researchers often face several conflicting theories and as a result, competing schools of thought may simply invent counterfactuals of convenience (Weber, 1996). Tetlock and Belkin (1996: 27) therefore suggest using ‘reality constraints’. They argue that counterfactuals must not only fit existing historical (‘minimal-rewrite rule’) and statistical data, but also provide testable predictions, which can be empirically evaluated and possibly, together with the proposed counterfactual, rejected.

The example of the redistributive effect of welfare states illustrates the important role of theoretical consistency in the development of sound counterfactuals. As argued by Bergh (2005), currently employed

indicators of the degree of welfare state redistribution (the comparison of pre tax/transfer and post tax/transfer income inequality) are flawed because they are based on the improbable counterfactual assumption that real-world welfare states do not affect labour market responses, incentive structures and the private provision of social protection. However, an abundance of literature in economics shows that the welfare state has an effect on economic agents, such as moral hazard or crowding out. Thus, the counterfactual is not theoretically consistent (see below for a more detailed discussion).⁸

Statistical generalizations provide another ‘reality check’. In the words of Tetlock and Belkin (1996: 29), we should use the canons of sound statistical reasoning to constrain our judgements of counterfactuals. Put differently, we should not use counterfactuals that are statistically very unlikely. For example, if we argue that globalization is the cause of financial pressure on mature welfare states, we rely on the counterfactual that in the absence of globalization, mature welfare states would not be under financial pressure. However, considering the existing statistical evidence in macro-comparative welfare state research, such a conclusion would be premature, as demographic change and slower productivity growth, among other factors, have contributed to financial pressure on mature welfare states (Pierson, 2001: 82).

The conditional likelihood of the counterfactual consequent is also a function of the number of causal steps between antecedent and consequent (Fearon, 1996: 66; Lebow, 2000: 583). Imagine the following example: the counterfactual antecedent A is supposed to lead to the consequent B. In order to arrive at B, we need to define the connecting principles. Let’s say that three causal steps, x, y and z, are needed, and that each is highly likely to lead to the assumed outcome (0.80). If all three causal steps need to materialize for us to arrive at the consequent, there is only a 51.2 percent probability that we would indeed observe the counterfactual consequent ($0.8 \times 0.8 \times 0.8 = 0.512$). Thus, the more steps needed to get from the antecedent to the consequent, the smaller the probability that the antecedent will actually lead to the consequent. As a result, we should aim for counterfactual cases, ‘in which the hypothetical antecedent and consequent are close together in time and are separated by a small number of causal steps’ (Fearon, 1996: 66).

Finally, we need to acknowledge the interconnect-ness of events and consider the effects of second-order counterfactuals (Lebow, 2000: 584). As highlighted by Lebow, ‘surgical counterfactuals’ are not realistic. Changes in the past will very likely require other changes in the past to make the counterfactual case possible.⁹ For example, a strong Christian democratic party in Great Britain would most likely require changes in the electoral system and such changes would, of course, affect many other things, making any causal statement questionable.

Similarly, we should consider the effects of second-order counterfactuals, which may be the result of long-term effects of enabling conditions or follow-ups of counterfactual antecedents and consequents. For example, one might argue that a failed murder attempt against Archduke Franz Ferdinand would have prevented the First World War or might have induced others to emulate Gavrilo Princip, ultimately leading to a successful assassination. Similarly, the long-term effect of economic crisis might not be a lower but a higher GDP, because a crisis may force countries to implement long overdue economic reforms. In both cases, the second-order counterfactuals (setting an example and providing incentives for reform) undercut the first-order counterfactuals.

Projectability

Projectability is another criterion to impose some reality constraints on counterfactual cases (Tetlock and Belkin, 1996: 30–1). Counterfactual cases and their enabling conditions may allow us to formulate other implications that we can test with new data. Following King et al. (1994), we should ask: ‘If my argument is correct, what else should be true?’ If we can observe certain implications of the causal argument in the real world, we can be more confident in the validity of our counterfactual analysis. For example, elsewhere we argue that the Danish government would have enacted stricter job security regulations if left and far-left parties had been able to cooperate in the late 1960s and early 1970s, as they did for instance in Sweden (Emmenegger, 2010). We then substantiate our counterfactual by showing that there is a strong correlation between the electoral strength of left *and* far-left parties in this period and contemporary levels of job security regulations – but not between the electoral strength of left parties alone and the level of job security

regulations – in the set of all advanced industrialized democracies.

It is important to note that these criteria reflect *best-case* situations. We cannot always formulate observable implications on the basis of our analysis nor can we always rely on well-established general theoretical laws to support our causal statement. However, the checklist helps us identify the criteria that best-case counterfactuals should satisfy to qualify as building blocks in causal statements. Deviations from this best-case scenario do not necessarily forebode invalid causal statements. Rather, we should use deviations from these criteria to discuss the validity of the employed counterfactuals and allow for a discussion of the causal statements.

Example: Alesina and Glaeser on racial-linguistic fractionalization and social expenditure

Qualitative researchers typically use counterfactuals to evaluate explanations for singular events. In this article, we argue that we can use the very same qualitative criteria to evaluate regularities and proclaimed causal relationships in quantitative macro-comparative welfare state research. We argue that this is a fruitful exercise because some of these analyses – if they attempt to *explain* relationships – rely on assumptions about counterfactuals that are systematically violated. As a result, we need additional evaluation to increase our confidence in the validity of the results. We hasten to add that we do not suggest using these counterfactuals to develop ‘what if’ scenarios or alternative worlds. Rather, we use the criteria for good counterfactuals to ‘probe causes and contingency of the world we know’ (Lebow, 2010: 6).

In the following, we demonstrate how researchers can use the qualitative criteria for the evaluation of good counterfactuals to improve our understanding of causal relationships in quantitative macro-comparative welfare state research. We use Alesina and Glaeser’s (2004; hereinafter AG) well-known study on the relationship between racial-linguistic fractionalization and social expenditure to assess their claim that the generous Western European welfare states might not survive in heterogeneous societies.

AG argue that high levels of racial-linguistic fractionalization negatively affected welfare state development in the US. In Europe, with mostly homogeneous societies, public social expenditure

increased dramatically in the second half of the 20th century. However, now that Europe has become more diverse as a result of large-scale immigration, they claim that the generous European welfare states are unlikely to survive.

From the point of view of counterfactual analysis, AG's claim suffers from at least three problems. First, their empirical analysis is likely to violate the assumption of conditional independence. Their cross-national analysis is based on a very heterogeneous sample of 52–55 countries, such as Denmark alongside Peru. In their statistical model, they control for gross domestic product (GDP) per capita and estimate that if heterogeneous Peru became as homogeneous as Denmark, social welfare spending would increase from basically zero to 7.1 percent of GDP. AG's counterfactual statement is easier to grasp if we formulate their claim using concrete countries: AG argue that if Peru were as racially homogeneous as Denmark, Peru would spend about as much on social welfare (percent of GDP) as Australia, which is about five times richer.

From a counterfactual point of view, the problem is that in such a diverse sample, and in the absence of adequate control variables, the other countries in the sample do not provide adequate information for estimating the counterfactual for Peru: a country exactly like Peru but with low levels of racial fractionalization.

Obviously, with such a heterogeneous sample and so few control variables, AG's regression model violates the assumption of conditional independence. In a previous analysis, they used more control variables and arrived at similar conclusions (Alesina et al., 2001),¹⁰ but even these models are very likely to violate the conditional independence assumption. Table 3 compares the control variables used in AG (2004) and Huber and Stephens (2001). Although this is not a formal test for omitted variable bias, the comparison clearly illustrates that AG are likely to have missed some crucial control variables. In the absence of adequate controls for constitutional structure, unemployment rates or government composition, causal inferences about the effect of racial fractionalization on social expenditure are thus unlikely to be valid.¹¹

Second, AG do not acknowledge the possibility of second-order counterfactuals. In another paper, Alesina et al. (2003) show that ethno-linguistic fractionalization has a negative effect on long-term

Table 3 Control variables and conditional independence (excluding interaction effects)

<i>Alesina and Glaeser</i> (2004: 142, 144)	<i>Huber and Stephens</i> (2001: 68–9)
GDP per capita*	GDP per capita*
	Population aged >65 years (%)*
	Institutional veto points
	Left cabinet share*
	Christian democratic cabinet share*
	Female labour force participation*
	Voter turnout (% adult population)
	Strikes (working days lost)
	Authoritarian legacy
	Consumer price index*
	Unemployment rate*
	Military spending (% GDP)
	Outward FDI (% GDP)
	Imports and exports (% GDP)

Note: *Significant coefficients, as observed in their analyses. FDI, foreign direct investment.

economic growth and some indicators of quality of government. The phenomenon that heterogeneity seems to affect other variables besides social expenditure is referred to as second-order counterfactuals. In this case, lower levels of heterogeneity would lead not only to higher levels of social expenditure, but also to higher levels of economic growth. Since AG operationalize their dependent variable as social expenditure *as a percentage of GDP*, the second-order counterfactual has an offsetting effect on the relationship between heterogeneity and welfare state spending (because the divisor increases).

To give a numerical example: Alesina et al. (2003: 166) claim that going from complete homogeneity (score of 0) to maximum heterogeneity (score of 1) decreases annual economic growth by 1.9 percentage points. At the same time, AG (2004: 142) claim that going from Peruvian levels of heterogeneity (score of about 0.70) to Danish levels (score of 0.02) would increase social expenditure as a percentage of GDP by 7.1 percentage points. However, when we take the

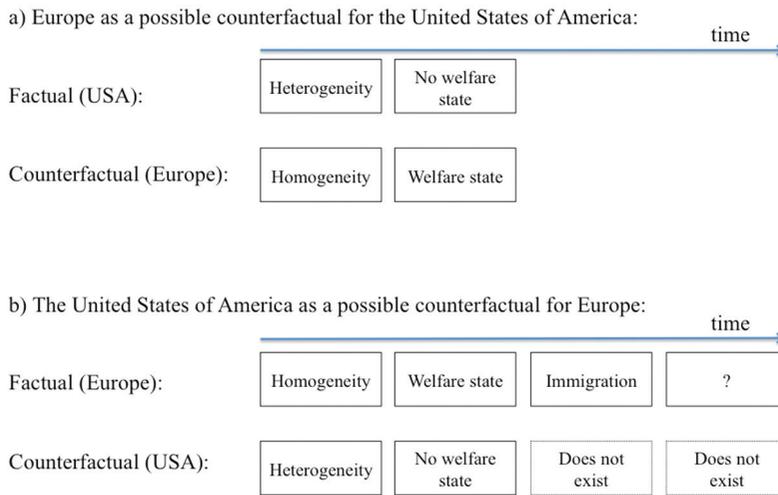


Figure 1 Possible counterfactuals for the US and Europe

higher levels of economic growth in the 30 years prior to AG's (2004) observation in 1998 into account, the positive effect of going from a heterogeneity score of 0.70 to 0.02 on social expenditure as a percentage of GDP decreases from 7.1 percentage points to 4.8 percentage points. This 32 percent reduction of the observed effect is simply the result of taking second-order counterfactuals into account.¹²

Third and most important, AG ignore the longitudinal implications of their argument and the important role of the sequence of events.¹³ In the US, racial-linguistic fractionalization historically preceded the development of the welfare state, while contemporary migration movements to Western Europe lead to higher levels of racial-linguistic fractionalization in countries with mature welfare states. Thus, the counterfactual case to Western European countries is not the historical development of the welfare state in the US. Rather, a mature welfare state and constant or even decreasing levels of racial-linguistic fractionalization would characterize the appropriate counterfactual. The US does not satisfy either criterion, so we are facing problems of logical and historical consistency.

Figure 1 displays the important difference. For the development of the US welfare state, European experiences might inform us about the counterfactual to the US case (upper half of Figure 1). While the US has a heterogeneous population, most European countries

have relatively homogeneous populations and following AG, European welfare states were able to expand, while the US welfare state remained lean. However, as far as what will happen to European welfare states in the face of mass immigration, the US case cannot inform us about the counterfactual to the European case because the US did not experience decreasing levels of heterogeneity *in the presence of generous welfare states*. Thus, by relying on the US case to inform us about a counterfactual Europe, AG ignore the sequence of events and ultimately rely on a 'miracle' counterfactual.

This conclusion has important implications for research on the nexus between racial-linguistic fractionalization and welfare state generosity. Following AG, researchers have plotted indicators of diversity against indicators of overall welfare state generosity (for example, total public social expenditure). However, this choice of indicators has clearly been affected by the idea that racial-linguistic fractionalization has a negative effect on all sorts of social expenditure. This makes a lot of sense when racial-linguistic fractionalization logically precedes the development of the welfare state, but in countries with mature welfare states and increasing levels of racial-linguistic fractionalization due to immigration, this relationship cannot be expected.¹⁴

Mature welfare states spend most of their money on old-age pensions and health care. These programmes

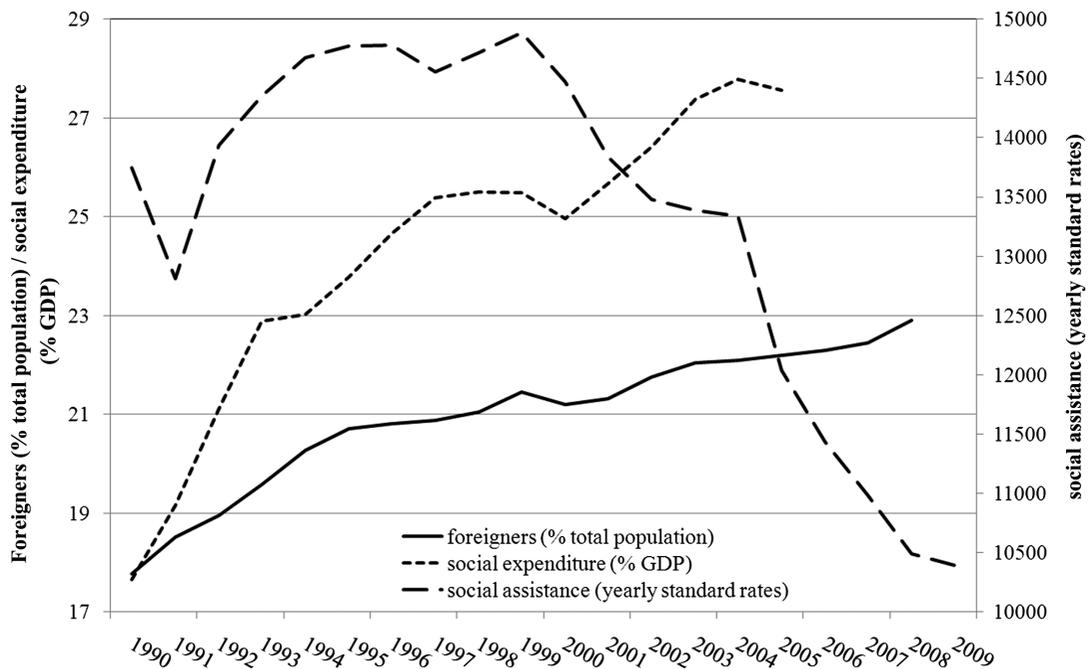


Figure 2 Development of social expenditure, yearly social assistance standard rates and the share of foreigners in Switzerland (1990 to 2009)

Sources: Data taken from OECD social expenditure dataset, URL: www.oecd.org (accessed 6 July 2010), the Swiss Federal Statistical Office, URL: www.statistik.admin.ch (accessed 6 July 2010) and Nelson's (2009) social assistance and minimum income protection interim dataset, URL: <http://www2.sofi.su.se/~kne/> (accessed 8 July 2010).

enjoy high levels of public support because a considerable share of the population benefits or expects to benefit from them. In many countries, the benefits are a function of years of contribution and prior income and thereby disproportionately benefit the native population. Consequently, if increasing levels of racial-linguistic fractionalization really lead to welfare state reform, we should expect retrenchment of social security schemes that disproportionately benefit immigrants, not of overall public social expenditure.¹⁵

In fact, looking only at total spending might be seriously misleading. Figure 2 displays public and private mandatory social spending as a percentage of GDP, share of foreigners as a percentage of total population and social assistance yearly standard rates (standardized for the development of wages) for Switzerland in the period 1990 to 2009. As shown by Morissens and Sainsbury (2005: 650), migrant households are more dependent on social assistance than citizen households. We choose Switzerland

because of its high level of racial-linguistic fractionalization and continuously high levels of immigration. Figure 2 shows that in the period 1990 to 2009 both social expenditure and the foreign population have increased in Switzerland. Thus, we might conclude that there is in fact a positive relationship between heterogeneity and social expenditure. However, if we look at social assistance only, such a conclusion would obviously be premature, as yearly social assistance standard rates decreased by 24 percent from 1990 to 2009. Since immigrants are generally over-represented among social assistance recipients, they are likely to have suffered disproportionately under decreasing social assistance levels.

In addition, researchers should focus on eligibility criteria and the conditions and sanctions that are imposed on benefit claimants and their families. Nelson (2007: 52) demonstrates that among 18 rich democracies targeted benefits are least vulnerable to retrenchment in Denmark, one of very few countries

where social assistance standard rates did not decrease in the last two decades. However, looking at conditions rather than rates shows a completely different picture: first, people who spent more than one of the last eight years outside Denmark and the European Union are only eligible for the so-called 'start help' (*Starthjælp*), which is roughly half as generous as the normal social assistance rates. Second, in 2006 the government introduced a work demand. Couples where both spouses receive social assistance have to work 300 hours within a 2-year period, otherwise the couple will only receive social assistance on behalf of one person.¹⁶ Third, in 2008 the government introduced a benefit ceiling. If two persons in a household are on social assistance for more than 6 months (very rare among Danes), they will receive a benefit that is considerably lower than if normally calculated taking into account number of children as well as adults in the household. Despite constant social assistance standard rates, reforms of eligibility criteria and conditions imposed on benefit claimants have overall reduced the level of social protection of immigrants in Denmark considerably.

Thus, by simply evaluating the counterfactuals on which AG base their claims we can show that their causal argument is flawed. However, AG are not alone; deficient counterfactual theorizing is legion in macro-comparative welfare state research. Bergh (2005) has demonstrated that the commonly used indicator of the redistributive effect of welfare states suffers from a counterfactual problem. If we want to know the redistributive effect of a given welfare state, we need to know the income distribution after taxes and transfers and the income distribution in the absence of this welfare state. The latter is normally measured using the income distribution before taxes and transfers.

This approach relies on the counterfactual assumption that a given welfare state does not affect the income distribution before taxes and transfers (otherwise income distribution before taxes and transfers would not be a good indicator of income distribution in the absence of a given welfare state). This assumption is very problematic, however. Much of the contemporary debate on the upsides and downsides of welfare states centres on negative incentives and moral hazard. There is every good reason to believe that welfare states affect the decisions of economic agents and as a consequence the counterfactual is not valid (lack of theoretical consistency). The fact that different institutional setups

may have different effects on labour supply responses, market incentives and private provision of social welfare, thereby introducing a systematic cross-national bias, makes matters worse. Although Bergh (2005: 355) argues that these considerations are unlikely to dramatically change the rank order of countries with regard to the distributional effects of their welfare states, we should be careful when we interpret these indicators and consider possible systematic biases. Again, this is not to argue that we should abandon these indicators which, to our knowledge, are the best available, but we should keep in mind that they may be *systematically* biased.

Unlike AG, Huber and Stephens (2001) explicitly use counterfactual theorizing to explore possible alternative explanations. In the discussion of their methodological approach, they highlight the need for 'realistic' counterfactuals. To illustrate their point, they argue that it does not make sense to ask whether the Australian welfare state would have been different if Christian democracy and not the secular right had been in power from 1950 to 1972. In contrast, it makes sense to ask whether the Norwegian welfare state would have been different in 1980 had bourgeois coalitions been politically dominant up to that point (Huber and Stephens, 2001: 35).¹⁷

It goes without saying that Huber and Stephens (2001) are right. The Norwegian welfare state would be completely different had bourgeois coalitions been dominant up to 1980. The problem is that we have absolutely no clue what the Norwegian welfare state would look like in this case, and the real Norwegian welfare state in 1980 is no help in figuring this out.

From a counterfactual point of view, the problems are the enabling and the second-order counterfactuals. If mostly bourgeois coalitions had been in power up to 1980, not only the welfare state, but probably also political institutions, industrial relations or education policy (second-order counterfactuals) would look different. Moreover, we need to consider which factors to adapt in our counterfactual case to make bourgeois political dominance logically possible (enabling conditions). How is bourgeois political dominance possible in a country with Scandinavian-style industrial relations? Do we need to assume a different electoral institution and/or a different socio-economic composition of the voting population? And how can we assume that after 1980 Norway would suddenly follow the factual trajectory?

One might agree that many things would have changed had bourgeois coalitions been dominant in Norway up to 1980 but still insist that the welfare state would be less generous. Put differently, in this counterfactual case, Norway might look completely different, but welfare state generosity would be lower in any case, which supports the causal statement. Yet, this conclusion is not necessarily true, either. If we accept the possibility of equifinality, that is, believe that there is more than one path to generous welfare states, a bourgeois dominated Norway might still have a generous welfare state.

Social democratic-led governments ruled Norway for the most of the period 1945 to 1980 (with three exceptions, lasting a total of about 8 years). In the same period, the Netherlands experienced about 20 years of centre-right-led governments (mostly Christian democratic) and 15 years of social democratic-led governments, but in 1980 the Dutch welfare state was still more generous in terms of social spending as a percentage of GDP (24.2 percent compared with 16.9 percent in Norway) (Armingeon et al., 2008). Thus, we cannot be sure whether our imagined 'alternative' Norway, one dominated by bourgeois coalition governments up to 1980, would spend less on the welfare state. In a nutshell: although Huber and Stephens' (2001) Norwegian example is more realistic than their example of Christian democracy in Australia, it does not help us identify causal conditions.

Again, the point is not to argue that there is no relationship between partisan politics and welfare state generosity, but simply to illustrate that part of Huber and Stephens' (2001) argumentation relies on evidence that does not allow for this conclusion.

Conclusions

All causal statements in studies using observational and historical data, that is, all research in macro-comparative welfare state research, rely on counterfactuals (Fearon, 1991; King et al., 1994; Lebow, 2010; Levy, 2008). In macro-comparative welfare state studies researchers often argue that electorally stronger left parties in a given country, say Great Britain, would lead to higher levels of public social spending. Of course, we cannot know how much the British state would spend if left parties were electorally stronger than they actually are, as this counterfactual case *does not exist*. However, by claiming

a causal relationship between electoral strength of left parties and social spending, we implicitly argue that social spending would be higher.

In quantitative research, such statements are typically based on the Neyman–Rubin–Holland theory of causation, which compares something that did occur (the factual) with something that did not occur (the counterfactual). Since we can never observe the counterfactual, we need to rely on assumptions about counterfactuals in order to identify causal effects. Most importantly, we need to specify our research design in a way that allows us to observe the causal effect independent of confounders. This is best done in an experiment where we introduce a treatment and eliminate rival explanations by randomizing the assignment into treatment and control groups.

In quantitative macro-comparative welfare state research, we are almost never in a position to postulate that our research design justifies the assumption of independence of confounders. Rather than relying on experimental data, we use observational data. Rather than randomly assigning cases to treatment and control groups, we are facing a situation in which history has made the case selection for us. Thus, in macro-comparative welfare state research, the assumptions of the Neyman–Rubin–Holland theory of causation are systematically violated and most causal statements are based on shaky foundations.

In this article, we do not propose abandoning quantitative macro-comparative research. In the social sciences, we have to work with the methods that are available and quantitative approaches are an important part of our tool kit. However, we suggest being more careful in causal statements. Rather than simply assuming that the counterfactuals, on which our causal statements are based, are sound, we should scrutinize them and ask ourselves whether our analysis relies on reasonable counterfactuals or 'miracle' counterfactuals.

To this end, we have proposed several criteria for evaluating counterfactuals. Using Alesina and Glaeser's (2004) hallmark study, we show that simple reasoning based on the criteria for good counterfactuals can reveal fundamental problems in causal statements. However, rather than simply highlighting problems in Alesina and Glaeser's study (2004), we used the criteria for good counterfactuals to formulate *more realistic* hypotheses. For

instance, we demonstrated that rather than looking at total social expenditure, researchers interested in the relationship between racial-linguistic fractionalization and welfare state generosity in Europe should look at programmes that disproportionately benefit migrants and criteria that regulate access to welfare state benefits. Rather than using the criteria for good counterfactuals to refute causal statements based on quantitative macro-comparative research, we suggest using these criteria to *improve* macro-comparative welfare state research – a common goal for both qualitative and quantitative researchers.

Notes

A previous version of this paper was presented at the comparative methodology seminar at the University of Southern Denmark. I thank all participants, Romana Careja, Jon Kvist and two anonymous reviewers for very helpful comments. All the remaining shortcomings are the author's responsibility.

1. Arguably, this limitation applies to all observational studies. However, the problem is accentuated in macro-comparative welfare state research by the small number of cases.
2. Using pooled time-series cross-sectional data does not solve these problems. The method leads to new problems such as heteroskedasticity, spatial and serial autocorrelation, and it relies on units of analysis (e.g. Germany in 1980, Germany in 1981, Germany in 1982 etc.) that are obviously not independent from each other and are not randomly assigned to treatment and control groups.
3. Unfortunately, natural experiments are rarely an option in macro-comparative welfare state research. Natural experiments rely on observational data, but unlike conventional studies relying on observational data, natural experiments use data that has been assigned to treatment and control groups 'as if' random (Dunning, 2007: 283). This is a very rare feature of naturally occurring data.
4. Propensity score matching is not going to solve this problem (see Lieberman (1985: 38) for an early discussion). In fact, if applied to small samples propensity score matching can lead to very odd 'couples'. For instance, in Persson and Tabellini's well-known study (2003: 144–7), the UK is matched with Romania, the USA with Venezuela, Australia with South Africa and Zimbabwe with Fiji.
5. It is somewhat ironic that some critics of qualitative comparative analysis (QCA) and Mill's methods like to remind proponents of these methods that Mill himself considered his methods unfit for the study of social phenomena (e.g. Goldthorpe, 2000: 49), when Rubin (1978) and Holland (1986) are critical of the usage of their counterfactual theory of causation in case of non-randomized data.
6. Even though we focus on quantitative research in this article, these criteria can equally be used to evaluate counterfactuals in qualitative research and the analysis of singular events.
7. There is an interesting parallel between the criteria for good counterfactuals and the Neyman–Rubin–Holland theory of causation. The Neyman–Rubin–Holland model considers only treatments that can be manipulated possible causes. Otherwise, the independence assumption might be violated, for instance as a result of unobservable confounders. Gender is thus not considered a possible cause because researchers cannot simply change it and because gender is likely to be related to other variables that cannot be observed and eliminated through random assignment.
8. This means that we cannot know for sure whether the observed redistributive effect is due to actual redistribution or due to the effects of welfare states on individual economic behaviour.
9. This criterion overlaps with the aforementioned criterion of 'logical consistency'. However, here, the focus is more on the (unintended) effects of the 'enabling conditions' on the counterfactual consequent rather than on the 'enabling conditions' that are needed to make the counterfactual antecedent logically possible.
10. The interpretation of the results of Table 9 in Alesina et al. (2001) is complicated by the fact that it is unclear whether the numbers reported in parentheses refer to t values or standard errors. The note to the table explains that the numbers refer to t values, but they are treated as if they refer to standard errors (see asterisks and text on p. 230).
11. In a replication, Taylor-Gooby (2005: 669) shows that restricting the sample to advanced Western democracies and Japan leads to a weak bivariate relationship between racial fractionalization and public social expenditure, which is entirely dependent on the inclusion of the US. If the US is dropped from the sample, the relationship disappears.
12. Author's own calculations using data provided by the Penn World Table 6.3, available at <http://pwt.econ.upenn.edu/> (accessed 8 July 2010).
13. Lieberman and Hansen (1974) extensively discussed the problems associated with using cross-national data to examine causal models of change. Coincidentally, they use the example of the relationship between mother tongue diversity and national development to illustrate their points.
14. Changing the level of analysis is not an option. Alesina and Glaeser (2004: 146–8) show that in the US there is a negative relationship between the share of blacks (percent of total population) and the generosity of some welfare programmes at the state level. But unless we have good reason to assume that there is no nation effect, these results have no meaningful implications for relationships on the nation-state level (see Lieberman, 1985: 110–15). For instance, data for Switzerland – another federal state with high levels of racial-linguistic fractionalization – show that there is in fact a positive correlation between share of foreigners and gross income per capita ($r_p=0.42$) at the cantonal level.

15. As Emmenegger and Careja (2011) demonstrate, recent cutbacks in social security programmes have indeed affected immigrants disproportionately.
16. The work demand became increasingly stricter. First the work demand of 300 hours was enforced on both persons. Subsequently, the work demand was raised to 450 hours of work within a 2-year period. Finally, it was changed to 225 hours of work in two subsequent years, a total of 450 hours and the work demand cannot be postponed to the second year.
17. Note that Huber and Stephens's (2001) quantitative model implicitly considers the possibility of Christian democracy in Australia, but rule it out as an unrealistic counterfactual in the qualitative part of their analysis.

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